



New Hampshire Direct Access Law Policy

New Hampshire law allows patients in New Hampshire to receive physical therapy treatment from a licensed physical therapist at an outpatient rehabilitation provider (“Provider”) without a referral from a health care practitioner (“Direct Access Law”), with some restrictions, as set forth below.

In New Hampshire, a licensed physical therapist can provide physical therapy treatment to a patient without a referral from a health care practitioner provided the physical therapist shall refer a patient or client to appropriate health care practitioners when:

- The physical therapist has reasonable cause to believe symptoms or conditions are present that require services beyond the scope of practice; or
- Physical therapy is contraindicated; or
- There is no documented improvement within twenty five (25) calendar days of the initiation of treatment.

NOTE: The patient is responsible for any and all costs associated with the direct access treatment session(s) that are due and owing the Provider and not otherwise covered by the patient’s health care plan or insurer.